

2018



Boddington

DISTRICT HIGH SCHOOL

SUNSMART POLICY

RATIONALE

Australia has the highest rate of skin cancer in the world. Research indicates that childhood and adolescent sun exposure is an important contributing factor to the development skin cancer. As students are at school during times when UV radiation levels are highest, the school plays a major role in minimizing student UV exposure.

Our SunSmart policy has been adopted to ensure that all staff and students attending BDHS are protected from skin damage caused by UV radiation. This policy is to be implemented throughout the year with the exception of June and July. The sun protection practices outlined in this policy will applied to all school activities, including sports carnivals, excursions and camps.

OUR COMMITMENT

Boddington District High School will:

- Inform parents of this sun protection policy when they enrol their child/children.
- Brief all new staff on the sun protection policy.
- Require students to wear the school uniform hat throughout the school year, except during June and July, during outside activities; including all camps, sports and excursions.
- Require staff to wear hats for all outdoor activities.
- Direct students without the approved school hat to stay in an area that is protected from the sun.
- Ensure that 30+ broad spectrum sunscreen is available and its use encouraged for all school outdoor activities including sport carnivals, excursions and camps.
- Encourage students to wear a swim top for swimming outdoors or immediately before and after any competitive swimming.
- Ensure there is adequate provision of shade within the school grounds for students and staff
- Encourage staff and students to use shaded or covered areas when outside.
- Encourage staff to use teach SunSmart values and UV awareness as part of their academic programs.
- Provide the opportunity for the purchase of an approved school hat upon the enrolment of new students.

OUR EXPECTATIONS

Parents/carers will:

- Ensure your child/children has an appropriate hat that provides adequate protection from the sun as part of the school uniform policy.
- Ensure that their child/children's clothing provides adequate protection from UV radiation. The school uniform incorporates the Cancer Council WA recommendations except for swim tops as follows:
 - collars and sleeves
 - closely woven fabric

OUR EXPECTATIONS CONT.

- Ensure that their child/children has access to SPF 30+ broad-spectrum, water-resistant sunscreen before leaving for school.
- Act as positive role models by practising SunSmart behaviour.
- Support the school's SunSmart policy.

Students are encouraged to:

- Be aware of the school's SunSmart policy.
- Take responsibility for their health by being SunSmart.
- Comply with SunSmart rules and guidelines by wearing suitable hats and clothing.
- Use shaded or covered areas outdoors.
- Act as positive role models for other students in all aspects of SunSmart behaviour.
- Participate in SunSmart education programs.