



Boddington
DISTRICT HIGH SCHOOL

POLICY
ON
BULLYING

MARCH 2018

Bullying is a repeated unjustifiable behaviour:

- ♦ that may be physical, psychological, verbal, relational or cyber
- ♦ that is intended to cause fear, distress or harm to another
- ♦ that is conducted by a more powerful individual or group
- ♦ against a less powerful individual who is unable to effectively resist

DIRECT

INDIRECT

PHYSICAL

- Hitting, slapping, punching
- Kicking
- Pushing, strangling
- Spitting, biting
- Pinching, scratching
- Throwing things e.g. stones



- Getting another person to harm someone



PSYCHOLOGICAL

- Demanding money or possessions
- Forcing another to do homework or commit offences such as stealing
- Threatening and/or obscene gestures

- Removing and hiding and/or damaging others belongings



RELATIONAL

- Sharing or threatening to share another's personal information
- Deliberate exclusion from a group or activity

- Spreading nasty rumours
- Trying to get other students to not like someone

VERBAL

- Mean and hurtful name-calling
- Hurtful teasing
- Insulting Language



- Nasty notes



CYBER

- Sending abusive emails
- Making silent or abusive phonecalls
- Sending nasty or abusive text messages
- Stalking using electronic devices

- Posting insulting message on internet or social media
- Making or posting hurtful videos
- Excluding others online
- Accessing others internet accounts without permission

The School

- expects a high standard of behaviour at all times
- aims to provide a safe and caring environment for everyone
- works towards detecting, preventing and dealing with bullying
- encourages students who are being bullied, student bystanders and staff to report bullying
- offers support to students who are the target of bullying and those who bully others
- is educating students and parents about issues related to bullying behaviour



Students who are being bullied are encouraged to:

- ⇒ Ask those bullying to stop (where appropriate)
- ⇒ Talk to other students possibly an older student
- ⇒ Speak to the class teacher or teacher on duty
- ⇒ Report the matter to the Principal or Deputy Principal

Parents are encouraged to:

- be aware of signs of distress such as reluctance to attend school, unusual patterns of sickness, damaged equipment and clothing etc.
- assist their child by encouraging him/her to discuss the problem with a staff member
- discourage any planned retaliation, either physical or verbal
- assist students to develop effective ways of communicating by discussion and modelling
- contact the school if they believe their child is being bullied

Resource Links:

- <https://bullyingnoway.gov.au/>
- <https://www.esafety.gov.au/>
- <https://studentwellbeinghub.edu.au/>

Situations involving students who engage in bullying will be dealt with in the following way:

The severity of the situation will be assessed based on:

- * Duration of behaviour
- * Frequency of behaviour

Least severe will be dealt with by informal discussion addressing:

- ♦ Awareness of school rules
- ♦ Empathy for feelings of the person being bullied
- ♦ Examples of appropriate ways to behave
- ♦ Strategies to deal with difficult situations

Serious instances are when the bullying has been going on for some time.

These will be addressed by:

- ♦ Case conference
- ♦ Peer support
- ♦ Behaviour support
- ♦ Referral to Deputy Principal or Principal for ongoing management

